

POSTOP INSTRUCTIONS

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If no answer, please call the Medical Society at 1-937-463-1605

1. Clean your operated eye each morning with a gauze sponge or clean washcloth moistened with warm tap water. Then put in your eye medications, according to the drop schedule. When using more than one eye drop medication, make sure to wait 5 minutes between drops.
2. You may resume most normal activities. It is okay to bend and stoop. Avoid lifting more than 25 pounds and avoid strenuous activities for the first two weeks after surgery. Avoid being in dusty or dirty areas for one week.
3. Do not rub your eye. Avoid getting soap, water, or shampoo in your eye. You may shampoo your hair after one week.
4. Blurred vision should be expected. Your vision usually clears within the first few days following surgery.
5. Driving with a valid driver's license may be resumed when you feel confident and safe, providing you see well with at least one eye. If your vision is poor in both eyes, you should postpone driving until your vision is good enough to meet driving requirements.
6. Wear glasses or sunglasses while awake for protection for two weeks.
7. **Cover your operated eye with the metal shield (no gauze underneath) at bedtime for two weeks.**
8. If your operated eye should become red or painful, or you have significant vision loss, call our office promptly. However a large red area on the white part of your eye under your upper lid is normal.
9. **If you have light flashes or multiple floaters, or a gray film comes over your vision, call our office promptly.**